3.3.3 - Does your university as a body deliver outreach programmes and projects in the local community (which can include student volunteering programmes) to improve or promote health & wellbeing including hygiene, nutrition, family planning, sports, exercise, aging well, and other health and wellbeing related topics?

Dr. D. Y. Patil Institute of Pharmaceutical Sciences and Research has carried out a range of health outreach initiatives for the local community, including health check-up and Medifit camps, a blood donation drive, and several community awareness programs. These activities aimed to educate the public on preventing common illnesses, adopting healthy lifestyles, avoiding substance abuse, and managing stress. Emphasis was also placed on regular medical check-ups, safe medicine use, and life skills that support mental and emotional well-being.
Alongside health education, environment-focused outreach activities stressed sanitation, cleanliness, and ecological care. These included community cleaning drives, the Swach Wari Swasth Wari initiative, tree plantation, and eco-friendly Ganesh idol donation—all designed to reduce the spread of infectious diseases and nurture a culture of hygiene.
Through World Pharmacist Day activities and a survey on life skill education, the institution promoted safe medication practices and mental well-being among residents. These outreach initiatives are organized by the institute with active involvement of student volunteers and faculty members.

Various Health Outreach Programs organized is as follows:

1. **Blood Donation Drive**
   This blood donation drive worked to keep safe blood available for patients who urgently need it, directly aiding life-saving medical treatment. Donor health checks and brief awareness talks highlighted preventive care and urged participants to look after their own personal well-being. Active involvement from students, volunteers, and faculty built community spirit and encouraged them to contribute to public health. The drive also fostered compassion, social responsibility, and service among young people. Educating participants about the value of regular donation and growing a dependable pool of donors supported long-term public health aims. The institute intends to continue such initiatives, in line with strengthening healthcare systems and creating a healthier society.
   Impact: This drive contributed to SDG 3 by encouraging preventive care and securing safe blood supplies through wider donor participation.
   Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=63

2. **Cleaning Drive**
   This cleaning drive created a healthier neighbourhood by clearing scattered litter and cutting down accumulated waste that breeds disease. Encouraging tidy habits and good personal hygiene, it taught local residents why sanitation matters for staying well. Students and faculty members who joined in showed social responsibility and drew others into community action. These combined efforts moved the area toward cleaner, safer surroundings and ultimately supported the physical and mental well-being of everyone living there.
   Impact: The drive supported SDG 3 by encouraging sanitation and hygiene habits that reduce disease risks and improve community health.
   Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=57

3. **Health check up Camp**
   Through the health check-up camp, local residents received general examinations that helped catch common health problems early. Short interactive awareness talks gave people practical knowledge about hygiene and preventing disease so they could adopt healthier daily habits. Advice on regular screening and timely consultation with doctors motivated a more proactive

attitude toward lifelong health. Overall, the camp encouraged community involvement, widened access to basic healthcare, and nurtured preventive health practices among residents.
Impact: This camp furthered SDG 3 by widening access to basic healthcare services and spreading preventive health awareness among community members.
Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=56

4. **Medifit 3.0 camp**
Medifit 3.0 brought together health check-ups and fitness awareness to promote preventive care among participants. Simple health assessments helped spot lifestyle-related concerns early, and professional guidance showed people how to remain active and healthy. Sessions on balanced routines, regular exercise, and stress control boosted physical and mental wellness. With enthusiastic student volunteers working alongside community members, the camp raised health awareness, promoted healthy living, and widened access to basic healthcare services, thereby improving the quality of everyday life.
Impact: This camp supported SDG 3 by widening healthcare access and encouraging fitness and preventive health habits within the community.
Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=7

5. **Nasha Mukt Abhiyan**
The Nasha Mukt Abhiyan awareness drive encouraged students and local residents to understand how substance abuse damages health, families, and futures. A group pledge and open discussion gave participants the confidence to choose wisely and stand for an addiction-free society. Young people were motivated to build constructive routines, while conversations about seeking support helped lessen social stigma. Together, these efforts nurtured a safer community and improved long-term physical and mental health.
Impact: This drive contributed to SDG 3 by building awareness of substance abuse prevention and encouraging healthy, addiction-free living.
Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=58

6. **Cleaning Drive**
This cleaning drive improved hygiene in a busy public area by clearing waste and lowering the risk of contamination. Residents were better protected from infections and enjoyed safer, cleaner surroundings in daily routines. Volunteers urged people to keep their habits clean and to recognise the health dangers of unmanaged garbage. Students took part while learning about environmental health, and the neighbourhood gained a cleaner setting that supports lasting physical well-being and healthier living.
Impact: The activity supported SDG 3 by reducing infection risks through improved hygiene, better waste handling, and cleaner surroundings.
Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=55

7. **Swach Wari Swasth Wari**
Swach Wari Swasth Wari supported warkaris by spreading hygiene and health awareness during the pilgrimage, helping prevent illness. Volunteers promoted cleanliness and safe health habits among pilgrims and residents. Students gained first-hand community health experience and a better grasp of public health needs. Cleanliness efforts raised hygiene standards and lowered infection risks. Altogether, the initiative deepened community health awareness and promoted preventive healthcare practices.
Impact: The initiative advanced SDG 3 by promoting preventive healthcare and hygiene to safeguard pilgrim and local community well-being.
Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=61

8. **Tree Plantation**
   Through this tree plantation programme, volunteers planted saplings that will purify the air, moderate local temperatures, and sustain ecological balance, all of which benefit public health over time. Residents who joined the activity also learned how closely environmental protection is tied to personal well-being. Students developed practical, hands-on sustainability skills along with a stronger sense of duty toward nature. By creating greener, cleaner surroundings, the initiative promises lasting environmental and health benefits for upcoming generations of the entire community.
   Impact: This activity advanced SDG 3 by cleaning the air and nurturing a healthier environment through community-driven tree plantation.
   Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=62

9. **World Pharmacist day**
   Marking World Pharmacist Day, students and pharmacists raised public understanding of using medicines safely, avoiding drug misuse, and choosing affordable generic alternatives, enabling people to make better health choices. One-to-one counselling clarified how to follow prescribed regimens correctly and lowered avoidable risks. Participating students built hands-on skills, confidence, and respect for the pharmacy profession. Interactions between pharmacists and the public encouraged healthier habits and promoted community well-being through approachable, dependable guidance on medicines.
   Impact: This initiative furthered SDG 3 by encouraging safe, informed medicine use and supporting better community health outcomes.
   Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=60

10. **Ganesh Idol Donation**
    The Ganesh idol donation initiative promoted a cleaner and healthier environment by encouraging devotees to donate idols instead of immersing them in rivers and other natural water bodies. This helped reduce water pollution and protect communities from contamination-related health risks. Awareness about eco-friendly celebrations inspired students and community members to adopt responsible festival practices. The activity strengthened social responsibility, supported safer water use, and contributed to long-term physical well-being and healthier living conditions for society.
    Impact: The initiative advanced SDG 3 by reducing water pollution risks and promoting eco-friendly, health-conscious festival practices within the community.
    Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=64

11. **Survey on Awareness on Life skill education**
    The survey on awareness of life skill education helped assess how well community members understand essential skills such as communication, decision-making, stress management, and healthy coping. Responses highlighted knowledge gaps and guided future awareness and training efforts. Students gained practical exposure to community-based data collection and strengthened their interpersonal skills. By promoting life skills and mental well-being, the initiative encouraged healthier choices, resilience, and positive behaviour, supporting long-term wellness.
    Impact: The initiative advanced SDG 3 by promoting life skills awareness that supports mental well-being and healthier decision-making.
    Link: https://spr.dpgu.edu.in/Event-details.aspx?EventID=20

List of Activities Conducted		
Sr. no	**Name of the Activity**	**Report Link**
1.	Blood Donation Drive	https://spr.dpgu.edu.in/Event-details.aspx?EventID=63
2.	Cleaning Drive	https://spr.dpgu.edu.in/Event-details.aspx?EventID=57
3.	Health check up Camp	https://spr.dpgu.edu.in/Event-details.aspx?EventID=56
4.	Medifit 3.0 camp	https://spr.dpgu.edu.in/Event-details.aspx?EventID=7
5.	Nasha Mukt Abhiyan	https://spr.dpgu.edu.in/Event-details.aspx?EventID=58
6.	Cleaning Drive	https://spr.dpgu.edu.in/Event-details.aspx?EventID=55
7.	Swach Wari Swasth Wari	https://spr.dpgu.edu.in/Event-details.aspx?EventID=61
8.	Tree Plantation	https://spr.dpgu.edu.in/Event-details.aspx?EventID=62
9.	World Pharmacist day	https://spr.dpgu.edu.in/Event-details.aspx?EventID=60
10.	Ganesh Idol Donation	https://spr.dpgu.edu.in/Event-details.aspx?EventID=64
11.	Survey on Awareness on Life skill education	https://spr.dpgu.edu.in/Event-details.aspx?EventID=20