

Syllabus for DPAT 2026

Programme: Bachelor of Science (Psychology)

Section A: Psychology Aptitude (40%)

Introduction to Psychology, Nature and Scope of Psychology, Branches of Psychology, Biological Basis of Behaviour, Sensation and Perception, Learning, Memory, Intelligence, Motivation and Emotion, Personality, Human Development, Social Psychology, Mental Health and Well-being, Stress and Coping, Basic Research Methods and Ethics in Psychology.

Section B: English Language and Verbal Ability (20%)

Reading Comprehension, Vocabulary, Synonyms and Antonyms, Grammar, Sentence Correction, Error Detection, Fill in the Blanks, Idioms and Phrases, Sentence Arrangement.

Section C: Logical Reasoning and Quantitative Aptitude (25%)

Verbal and Non-Verbal Reasoning, Analogies, Classification, Coding-Decoding, Blood Relations, Direction Sense, Number and Alphabet Series, Syllogisms, Seating Arrangement, Logical Puzzles, Basic Arithmetic (Percentages, Ratio and Proportion, Average, Profit and Loss, Time and Work, Time, Speed and Distance), Data Interpretation.

Section D: General Awareness and Current Affairs (15%)

Current National and International Affairs, Indian History and Constitution (Basic), General Science, Mental Health Awareness, Famous Psychologists, Awards and Honours, Sports, Books and Authors, Important Days, International Organisations.

References

Psychology

- NCERT Psychology – Class XI
- NCERT Psychology – Class XII

English

- Wren & Martin – High School English Grammar and Composition
- Objective General English by S.P. Bakshi

Reasoning

- A Modern Approach to Verbal & Non-Verbal Reasoning by R.S. Aggarwal

Quantitative Aptitude

- Quantitative Aptitude by R.S. Aggarwal

General Awareness

- Daily newspapers and credible news portals
- Monthly current affairs compilations
- Government publications on education and mental health