

Syllabus for DPAT 2026

Programme: Master of Science (Clinical Psychology)

Section A: Core Psychology (50%)

History and Schools of Psychology, Research Methods and Statistics, Biological Basis of Behaviour, Sensation and Perception, Learning, Memory, Cognition, Intelligence, Motivation and Emotion, Personality, Psychological Assessment, Developmental Psychology, Social Psychology, Health Psychology, Positive Psychology, Abnormal Psychology, Clinical Psychology, Counselling Psychology, Ethics in Psychology.

Section B: Clinical Psychology and Mental Health (25%)

Classification of Mental Disorders (DSM-5-TR/ICD-11 – basic concepts), Psychological Disorders (Anxiety Disorders, Depressive Disorders, Bipolar Disorders, Obsessive-Compulsive Disorder, Trauma- and Stressor-Related Disorders, Schizophrenia Spectrum Disorders, Personality Disorders, Neurodevelopmental Disorders, Substance Use Disorders), Mental Status Examination (Basic Concepts), Psychotherapy (Behaviour Therapy, Cognitive Behaviour Therapy, Humanistic Therapy, Psychodynamic Therapy, Family and Group Therapy), Crisis Intervention, Suicide Prevention, Community Mental Health, Rehabilitation, Mental Healthcare Act, 2017 (Basic Overview).

Section C: Research Aptitude, Logical Reasoning and Quantitative Ability (15%)

Research Design, Variables and Hypothesis, Sampling Techniques, Descriptive Statistics, Correlation, Experimental Design (Basic Concepts), Data Interpretation, Logical Reasoning, Analytical Reasoning, Critical Thinking, Basic Quantitative Aptitude.

Section D: English Language and Scientific Communication (10%)

Reading Comprehension, Vocabulary, Grammar, Scientific Writing, Error Detection, Sentence Improvement, Verbal Reasoning, Interpretation of Research Abstracts.

References

Core Psychology

- Baron, R. A. Psychology.
- Feldman, R. S. Understanding Psychology.
- Ciccarelli, S. K., & White, J. N. Psychology.
- Morgan, C. T., King, R. A., Weisz, J. R., & Schopler, J. Introduction to Psychology.

Clinical and Abnormal Psychology

- Barlow, D. H., & Durand, V. M. Abnormal Psychology: An Integrative Approach.
- Nevid, J. S., Rathus, S. A., & Greene, B. Abnormal Psychology in a Changing World.
- Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J. M. Abnormal Psychology.

Psychological Assessment

- Gregory, R. J. Psychological Testing: History, Principles, and Applications.
- Anastasi, A., & Urbina, S. Psychological Testing.

Research Methods and Statistics

- Kerlinger, F. N., & Lee, H. B. Foundations of Behavioral Research.
- Coolican, H. Research Methods and Statistics in Psychology.

Counselling and Clinical Practice

- Corey, G. Theory and Practice of Counselling and Psychotherapy.

Mental Health and Current Developments

- National Mental Health Survey of India (Report).
- National Institute of Mental Health and Neurosciences (NIMHANS) publications.
- Recent developments in Mental Health, Psychology, and Behavioural Sciences through reputable academic journals and government publications.