Dnyaan Prasad Global University

Dr. D. Y. Patil Unitech Society

3.3.5 Mental health support for students

Health, Medical Facilities and Well-being Support at Dnyaan Prasad Global University, Pune

Dnyaan Prasad Global University (DPGU), Pune, is committed to ensuring the health, safety and overall well-being of its students, faculty and staff. The University recognises that physical, mental and emotional well-being are essential components of a positive academic environment and contribute significantly to students' learning, personal development and overall quality of life. Accordingly, the University endeavours to provide a supportive, inclusive and health-conscious campus environment.

The University facilitates access to healthcare services through the medical and healthcare facilities available within the Dr. D. Y. Patil Group in Pune. These facilities provide access to a wide range of medical consultations, diagnostic services, specialist healthcare and medical assistance. Students and staff can seek appropriate medical guidance and healthcare support whenever required, ensuring access to essential healthcare resources.

Along with medical facilities, the University places considerable emphasis on mental health and emotional well-being. Various awareness programmes, workshops, counselling sessions and interactive activities are organised periodically for students and staff. These initiatives address important areas such as mental health awareness, stress management, emotional resilience, mindfulness, interpersonal relationships, suicide prevention and healthy lifestyle practices.

The University also encourages students to participate in activities that promote self-awareness, emotional expression, peer support and positive social interaction. Initiatives such as listening circles, mindfulness sessions, expressive art therapy and mental health awareness programmes provide opportunities for students to share their experiences, develop coping strategies and build supportive relationships.

Furthermore, the University promotes an environment where students and staff are encouraged to communicate openly about health-related concerns and seek appropriate professional assistance whenever necessary. Through healthcare access, awareness initiatives, counselling support and regular well-being activities, DPGU strives to foster a healthy, safe and supportive academic community that prioritises the holistic development and well-being of every individual.

Sessions conducted include

1. Mentoring Sessions

These sessions are thoughtfully conducted by mentors, head mentors, and counselors, who work together to provide comprehensive guidance and support. Their primary focus is to help students navigate academic challenges, participate more actively in co-curricular activities, and strengthen their mental and emotional wellbeing.
Impact: By creating a safe and supportive environment, mentors help students set meaningful goals, build confidence, and develop essential life skills.

2. Guest lecture on Let's Connect

The session led by Ms. Leena Chatola, Learning and Development Facilitator, Pune was conducted for students. Through the engaging "Let's Connect" session, she emphasized student connections and mental health support, using interactive wellness activities to build interest and strengthen emotional welfare. Key elements included awareness sessions on stress management, emotional resilience, and peer support strategies, along with skill-building workshops on exam anxiety, time management, and emotional first aid.
Impact: The session promoted help-seeking behaviour and created a nurturing environment that helped students balance academic and emotional well-being.

3. Session on "Emotional Intelligence"

A guest session on Emotional Intelligence was conducted by Mr. Swapnil Raghunath Koli (Mr. Raghavan Koli), Brand Ambassador, Fourshlag Overseas Services, Germany. Mr. Koli explained how a balanced mind contributes to personal growth and long-term success, covering self-awareness, emotional regulation, critical thinking, and handling challenges with calmness and clarity. Students were guided through simple methods to build mental resilience, such as positive thinking habits, stress-management techniques, and a growth-oriented mindset.
Impact: The session helped students understand the importance of emotional intelligence and mental well-being in academic, professional, and personal life, and inspired them to apply these essential life skills in their everyday lives.

4. Interactive session on "Effective communication, the right mindset and creativity"

A session on Three Pillars of Success: Effective Communication, the Right Mindset, and Creativity was conducted by Ms. Seema Mathew, Faculty, Symbiosis Center for Management Studies, Pune. The session was built around three interactive activities. The first focused on imagination and a positive mindset as drivers of personal goals. The second encouraged collaboration, showcasing communication, leadership, and teamwork. The third was a hands-on creativity challenge in which participants built innovative items using only newspapers.
Impact: By combining personal development with practical, team-based activities, the session helped students build confidence, strengthen professional skills, and develop a positive outlook for both personal and professional growth.

5. Buddy session by seniors

Buddy Sessions were conducted to promote peer learning and academic guidance. On 9th March 2026, Ms. Shraddha Chaudhari, a student of S.Y.B. Pharm, shared insights on first-year subjects, effective study techniques, time management, and revision strategies, and encouraged participation in extracurricular and co-curricular activities. On 20th April 2026, Mr. Junaid Sayyad, a Final Year B. Pharm student and GPAT and GATE qualifier, shared his academic journey and preparation strategies for competitive examinations, motivating students to plan their careers and begin

preparing from the first year. Students participated actively and clarified their doubts in both interactive sessions.
Impact: The sessions strengthened the mentoring system and helped students build motivation, communication and leadership skills, and a habit of lifelong learning.

(Link for Sr No. 6 to 10 is given below)

https://drive.google.com/drive/folders/1Wzw6a4chQp1o-bSIe3O9-EJByf5TDeIW?usp=drive_link

6. Bimonthly Listening Circle – 3 September 2025

The Psychology Department organised a Bimonthly Listening Circle for PGDM students under the Wellness Club initiative. The session focused on five key objectives: creating a safe space for expression, fostering empathy, strengthening community bonding, encouraging personal growth and building trust among students. Through guided conversations and reflective discussions, participants shared their thoughts, feelings and experiences.
Impact: The initiative promoted open communication, active listening and mutual respect among students. It strengthened interpersonal relationships, encouraged emotional expression and contributed to a supportive campus environment.

7. Awareness of Suicide Prevention – 19 September 2025

The Psychology Department (Wellness Club) organised an Awareness Programme on Suicide Prevention to promote mental health awareness and emotional resilience among students. The programme included an awareness stall, personal reflection activities and interactive games. Three key activities were conducted, including emotion recognition challenges, group-based problem-solving tasks and mindfulness exercises. Students were encouraged to express their feelings, share experiences and understand the importance of seeking support.
Impact: The programme promoted suicide prevention awareness, emotional expression and peer support. It encouraged students to recognise emotional distress, develop resilience and seek help when required.

8. Expressive Art Therapy – 23 September 2025
The Psychology Department organised an Expressive Art Therapy session for students, facilitated by Ms. Ridhi Sachdeva. The session included creative drawing exercises and reflective activities focusing on personal boundaries, emotional awareness and self-discovery. Students explored different visual expressions, including circles, enclosed spaces and abstract patterns, to understand emotional safety and personal experiences.
Impact: The session encouraged creative self-expression, emotional awareness and peer empathy. It provided students with an opportunity to explore personal boundaries and develop a better understanding of their emotions.

9. Mindfulness Practice Session – 30 September 2025

The Wellness Club organised a Mindfulness Practice Session for MBA students, facilitated by Ms. Sarasbri Kaur. The session introduced mindfulness as a practical approach to managing stress, anxiety and emotional challenges. Through guided exercises, interactive discussions and experiential activities, students explored techniques for improving concentration, maintaining awareness and developing emotional balance.
Impact: The session encouraged students to incorporate mindfulness into their daily routines. It supported stress management, improved focus, emotional stability and overall mental well-being.

10. Brave Talk – 28 August 2025

The Mitra – Wellness Cell organised a Brave Talk session facilitated by Ms. Srishti Kriplani to promote mental health awareness among students. The session focused on four key objectives: differentiating mental health from mental illness, recognising emotional distress, encouraging supportive conversations and identifying professional mental health resources. It introduced students to the B.R.A.V.E. model as a framework for mental health support.
Impact: The session enhanced students' understanding of mental health concerns and encouraged them to recognise emotional difficulties in themselves and others. It promoted confidence in seeking and offering appropriate mental health support.

DPU

DR. D. Y. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE
Dr. D. Y. PATIL VIDYAPEETH, PUNE
(Deemed to be University)
Accredited (3rd cycle) by NAAC with a CGPA of 3.64 on a four point scale at 'A++' Grade
NABH Accredited Hospital / NABL Accredited Laboratories.
(An ISO 9001:2015 & 14001:2015 Certified University)

Dr. P. D. Patil
Chancellor

Dr. J. S. Bhawalkar
Dean

Ref. No. : DYPMC /D·O/6428/2021

Date : 02/11/2021

Certificate

I am writing to confirm that Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune-411018, one of the constituent college of our educational ambit and has been providing free medical and childcare facilities to the staff and students of Dr. D. Y. Patil Institute of Pharmaceutical Sciences and Research, Pimpri, Pune-411018.

The services offered by the hospital, which boasts more than 2000 beds, encompass an extensive range of medical departments including general medicine, gynecology, surgery, cardiac care, ophthalmology, neurology, psychiatry, and many others. In addition to medical care and childcare facilities, the hospital also provides sexual and reproductive health-care services, guidance, and counseling, as well as mental health support.

This comprehensive support from Dr. D. Y. Patil Medical College, Hospital, and Research Centre, has greatly enhanced the overall well-being and health of our staff and students. It ensures they have access not only to medical care and childcare services but also to critical sexual and reproductive health care, guidance, counseling, and essential mental health support when needed.

Dr. D. Y. Patil Medical College
Pimpri,
Pune - 18.

Sincerely,

Dr. J. S. Bhawalkar
(Dean)

Sant Tukaram Nagar, Pimpri, Pune - 411018 (India) Tel. : +91-20-27805100 / 5900
Fax : +91-20-27805217 • Email : info.medical@dpu.edu.in • Website : medical.dpu.edu.in

dpu.edu.in

CIRCULR

Mentor will have the following responsibilities:

The mentor should interact with the individual mentee **at the start of term and as per requirement of mentee.**

- **Emotional Support and Empathy**

1. Active listening: Listen attentively to mentees' concerns, questions, and ideas.
2. Empathy and understanding: Provide emotional support and understand them during their challenging times.
3. Building trust: Establish a trusting relationship with mentee, encouraging them to open up and share their thoughts and feelings.

- **Career Development and Guidance**

1. Career advice: Provide guidance related to career, professional development and placement avenues.
2. Industry insights: Share the knowledge about the current trends in Industries .
3. Networking opportunities: Introduce mentee's to professionals in their desired field.

- **Personal Growth and Development**

1. Self-awareness: Help mentee to work on self-analysis; identify strengths, weaknesses, and areas for improvement (SWOT analysis).
2. Building confidence: Help students build confidence in their abilities and develop a growth mindset.
3. Goal setting: Assist mentee to set realistic goals and expectations, and providing guidance on how to achieve them.

- **Cultural and Social Awareness**

1. Cultural diversity and Inclusivity: Mentor shall respect students' cultural background, differences and create an inclusive and welcoming environment.
2. Social awareness: Helping students understand social issues and develop empathy for others.

➢ **Feedback and Evaluation**

1. Providing constructive feedback: Offering regular, constructive feedback to help mentee improve and grow.
2. Evaluate progress: Assessing mentee's progress, and identify areas for improvement, and guide accordingly.
3. Open-mindedness: Being open to students' ideas, perspectives, and feedback.

In case the mentees have any kind of issues, the same should be brought to the notice of the class teachers/ Mentoring committee.

Dr.L.P.Kothapalli
(Head, Feedback Mentoring Committee)

Dr. Maruti Shelar
(Vice Principal)

DYP DPU

Dr. D. Y. Patil Dnyan Prasad University's

School of Pharmacy and Research, Pune

Formerly Dr. D. Y. Patil Institute of Pharmaceutical Sciences and Research, Pimpri Pune, Maharashtra (India)

Date: 10/10/2025

Circular

A.Y. 2025-2026

Following faculty members are assigned as mentors to F.Y .B. Pharm, F.Y Pharm. D. and F .Y. D. Pharm students. They are instructed to conduct the mentoring sessions of their batch of students.

Course	Class	Counsellor	Group (Roll no.)	Mentor
B. Pharm	First Year	Dr. Lata P. Kothapalli	BP101-BP116	Ms. S. R. Shelar
			BP116-BP132	Dr. A.S. Patil
			BP133-BP148	Dr. N. Bharadwaj
			BP149-MB105	Dr. S. R. Chandani
			MB106-MB122	Ms. D. Wasu
Pharm D.	First Year	Dr. Ravindra Wavhale	PD 101 – 115	Ms. P. Jadhav
			PD 116 – 130	Dr. Karishma Rathi
D. Pharm	First Year	Dr. Lata P. Kothapalli	DP101-119	Mr. V. M. Swami
			DP120-138	Ms. Payal Kute
			DP139-158	Ms. Pratiksha Sabale

Dr. L. P. Kothapalli
(Head, Feedback & Mentoring Committee)

DYPDPU's School of Pharmacy & Research Pimpri, Pune-18

Dr. Maruti Shelar
(Vice Principal)

Vision
To be recognised globally for its excellence in pursuit of newer horizons to build self-reliant pharmacist through quality pharmacy education.

Mission
To impart high-quality technical education and training that enables students to acquire in-depth knowledge and expertise in the field of pharmaceutical sciences to cater the needs of pharmacy profession and society at large.

DYP DPU

Dr. D. Y. Patil Unitech Society's

Dr. D. Y. Patil Institute of Pharmaceutical Sciences and Research

Pimpri, Pune - 411018.

Date: 10/10/2025

Circular

(A.Y-2025-2026)

Following faculty members are assigned as mentors to S.Y .B. Pharm, S.Y/T.Y Pharm. D. and S.Y D. Pharm students. They are instructed to conduct the mentoring sessions of their batch of students.

Course	Class	Counsellor	Group (Roll no.)	Mentor
B.Pharm	Second Year	Dr. Harshad Kapare	201-225	Ms. Kinjal Jain
			226-250	Dr. Sonali Labhade
			251-275	Ms. Sarika Nikam
			276-2100	Ms. Tanvi Raut
			2101-2128	Ms. N. Pandit
Pharm D.	Second Year	Dr. Ravindra Wavhale	PD 201-216	Mr. S.S. Rajput
			PD 217-232	Ms. Madhuri Dhande
	Third Year		PD 301-316	Dr. Shweta Mishra
			PD 317-233	Mr. Pawan Karwa
D. Pharm	Second Year	Dr. Lata P. Kothapalli	DP201-215	Ms. M. K. Kapale
			DP216-230	Mrs. S. Shinde
			DP231-241	Mr.Gladyston Netto

Dr.L.P.Kothapalli

(Head, Feedback & Mentoring Committee)

Dr. D. Y. Patil Inst. of Pharm. Sci. & Research Pimpri, Pune-18.

Dr. Maruti Shelar

(Vice Principal)

Vision

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Dnyaan Prasad Global University
Dr. D. Y. Patil Unitech Society
School of Pharmacy and Research

Date: 27/01/2026

CIRCULAR

A.Y. 2025-2026

Following faculty members are assigned as mentors to F.Y .B. Pharm, F.Y Pharm. D. and D. Pharm students. They are instructed to conduct the mentoring sessions of their batch of students.

Course	Class	Counselor	Group (Roll no.)	Mentor
B. Pharm	First Year	Dr. Lata P. Kothapalli	BP101-BP117	Ms. S. R. Shelar
			BP118-BP134	Dr. S. R. Chandani
			BP135-BP151	Ms. C. G. Kale
			BP152-MB103	Dr. N. Bharadwaj
			MB104-MB122	Ms. D. Wasu
Pharm D.	First Year	Dr. Ravindra Wavhale	PD 101 – 115	Ms. P. Jadhav
			PD 116 – 130	Dr. K. M. Rathi
D. Pharm	First Year	Dr. Lata P. Kothapalli	DP101-DP119	Mr. V. M. Swami
			DP120-DP138	Ms. Payal Kute
			DP139-DP158	Ms. Pratiksha Sabale

Dr.L.P.Kothapalli
(Head, Feedback & Mentoring Committee)

School of Pharmacy & Research Pimpri Pune-18

Dr. Maruti Shelar
(Dy Director)

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Dnyaan Prasad Global University
Dr. D. Y. Patil Unitech Society
School of Pharmacy and Research

Date: 27/01/2026

Notice

A.Y. 2025-2026

All students are advised that the following faculty members have been assigned as mentors for F.Y. B. Pharm, F.Y. Pharm. D, and F.Y. D. Pharm students.

Course	Class	Counselor	Group (Roll no.)	Mentor
B. Pharm	First Year	Dr. Lata P. Kothapalli	BP101-BP117	Ms. S. R. Shelar
			BP118-BP134	Dr. S. R. Chandani
			BP135-BP151	Ms. C.G.Kale
			BP152-MB103	Dr. N. Bharadwaj
			MB104-MB122	Ms. D.Wasu
Pharm D.	First Year	Dr. Ravindra Wavhale	PD 101 – 115	Ms. P. Jadhav
			PD 116 – 130	Dr. K. M. Rathi
D. Pharm	First Year	Dr. Lata P. Kothapalli	DP101-DP119	Mr. V. M. Swami
			DP120-DP138	Ms. Payal Kute
			DP139-DP158	Ms. Pratiksha Sabale

Dr.L.P.Kothapalli
(Head, Feedback & Mentoring Committee)

School of Pharmacy & Research Pimpri Pune-18

Dr. Maruti Shelar
(Dy Director)

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DYP DPU

School of Pharmacy and Research, Pune

eDUVIBE 2025

Ms. Leena Chatola,

Learning and Development Facilitator, Pune



TOPIC: LET'S CONNECT

School of Pharmacy and Research ★ DPGU ★ Pimpri, Pune-18

DYP DPU

Dr. D. Y. Patil Dnyan Prasad University's

School of Pharmacy and Research, Pune

Formerly Dr. D. Y. Patil Institute of Pharmaceutical Sciences and Research, Pimpri, Pune, Maharashtra (India)

CIRCULAR

All the students are hereby informed that Induction Programme for F Y B Pharm and F Y B Pharm + MBA students A.Y 2025-2026 is scheduled from 29th july to 02nd August 2025.

Attendance is Mandatory for programme.

V Patole

Dr.Vinita Patole
(Head,Aacdemic Affairs)

School of Pharmacy and Research DPGU Pimpri,Pune-18

Vision
To be recognised globally for its excellence in pursuit of newer horizons to build self-reliant pharmacist through quality pharmacy education.

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DYP DPU

Dr. D. Y. Patil Dnyan Prasad University's

School of Pharmacy and Research, Pune

Formerly Dr. D. Y. Patil Institute of Pharmaceutical Sciences and Research, Pimpri, Pune, Maharashtra (India)

Date: 31/07/2025

REPORT

Type of Program	Guest Session
Resource person	**Mrs. Leena Chatola, Learning and Development Facilitator, Pune**
Topic	**Let's Connect**
Date	31st July 2025
Brief report	The Professional Development Committee organised a session on Communication and team building skills on **31st July 2025** for the students of **F.Y. B. Pharm and F.Y. B. Pharm + MBA.** The speaker of the session was **Mrs. Leena Chatola, Learning and Development Facilitator, Pune**. She facilitated the engaging "Let's Connect" session, emphasizing student connections and mental health support. The initiative aimed to heighten student interest while bolstering emotional welfare through interactive wellness activities. Key elements included awareness sessions on stress management, emotional resilience, and peer support strategies. Participants engaged in skill-building workshops addressing exam anxiety, time management, and emotional first aid. The program promoted help-seeking behaviours and created nurturing environments for academic-emotional balance.
POs Attained	A, H, I, J
SDG Mapped	3 (Good health and Well-being), 4 (Quality Education), 17 (Partnerships for the goals).

Dr. Sneha Chandani
(Head, Professional Development Committee)

Dr. Maruti Shelar
(Deputy Director)

School of Pharmacy and Research DPGU Pimpri,Pune-18

DYP DPU

Dr. D. Y. Patil Dnyan Prasad University's

School of Pharmacy and Research, Pune

Formerly Dr. D. Y. Patil Institute of Pharmaceutical Sciences and Research, Pimpri, Pune, Maharashtra (India)

INDUCTION PROGRAMME – EDUVIBE 2025

Attendance Sheet

Academic Year: 2025-2026

Class: F. Y. B. Pharm & F. Y. B. Pharm + MBA (Pharm Tech)

Sr No.	Name of the Student	Course	Signature				
			29 Jul	30 Jul	31 Jul	1 Aug	2 Aug
1.	Akshata Kiran Potekar	B.Pharm	Akshata.k.p	Akshata.k.p		Akshata.k.p	Akshata.k.p
2.	Vani khanna	B.Pharm + Mba	Vani	Absent			
3.	Shreya Sandeep Landge	B. Pharm	Landge	Landge	Landge	Landge	
4.	Siddhi Yuvraj Bhosale	B. Pharm	Siddhi	Siddhi	Siddhi	Siddhi	
5.	Aarati Prajapati	B. Pharm	Aarati	Aarati	Aarati	Aarati	
6.	Jhalak Patel	B. Pharm					
7.	Rebeckal Francis	B. Pharm	Rebecka	Rebecka	Rebecka	Rebecka	Rebecka
8.	Vidushi Goel	B. Pharm	Vidushi	Vidushi	Vidushi	Vidushi	Vidushi
9.	Sonu . A . Bergal	B. Pharm	Bergal	Bergal	Bergal	Bergal	
10.	Aishwarya Patil	B. pharm	Apatil	Apatil	Apatil	Apatil	
11.	Sanika Avinash Hosmani	B. Pharm	Hosmani	Hosmani	Hosmani	Hosmani	
12.	Saidani Izra Jahur	B. pharm	Saidani	Saidani	Saidani	Saidani	
13.	Kunishka K. Utpat	B. pharm	Kutpat	Kutpat			

14.	Yashodhara S. Jagdale	B.pharm + MBA	[signature]	Absent		
15.	Ananya P. Jadhav	B. Pharm + MBA	[signature]	[signature]	[signature]	[signature]
16.	Sachi S. Joshi	B. Pharm + MBA	[signature]	Sachi	Sachi	Sachi
17.	Malvika. Pise	B. Pharm	[signature]	Absent		
18.	Pradnya Deshpande	B. pharm	[signature]	[signature]	[signature]	[signature]
19.	Priydarshi Tiwari	B.Pharm + MBA	[signature]	[signature]	[signature]	[signature]
20.	Jahmina Yeasmin Choudhury	B. Pharm	[signature]	[signature]	[signature]	[signature]
21.	Trisha Ajay Patil	B. Pharm + MBA	[signature]	[signature]	[signature]	
22.	Madhura Bhanudas Bhujbal	B. Pharm	[signature]	[signature]	[signature]	[signature]
23.	Sakshi Hanmant Jadhav.	B. Pharm + MBA	[signature]	[signature]	[signature]	[signature]
24.	Abhisek Karmakar	B. Pharma	[signature]	[signature]	[signature]	[signature]
25.	DHYANI KISHOR KUMAR PATEL	B. Pharma	[signature]	[signature]		
26.	Akshat Patel	B. Pharm + MBA	[signature]	[signature]	[signature]	[signature]
27.	Trapesh Thadke	B. Pharm	[signature]	Absent	[signature]	[signature]
28.	Pratyush Kumar Ranasingh	B. pharma	[signature]	Absent		
29.	Ashish Kumar	B. pharma	[signature]	Absent		
30.	Divij joshi	Bharm	[signature]	[signature]	[signature]	[signature]
31.	Mustafa. Kanchwala	B. pharm + MBA	[signature]	[signature]	[signature]	[signature]
32.	Hardik Shukla	B. pharm	[signature]	[signature]	[signature]	[signature]
33.	Ishan Singh	B Pharm	[signature]	[signature]	Ishan	Ishan
34.	Soham Gholap	B pharm	Soham	Soham	[signature]	
35.	Shlok Paliwal	B. Pharm	[signature]	[signature]	[signature]	[signature]
36.	Shubham Maske	B. pharm	[signature]	[signature]	[signature]	[signature]

School of Pharmacy and Research, Pimpri, Pune-18 DPGU



37.	Tanishq Sachin Rathi	B. Pharm					
38.	Shailesh Devidas Sodgir	B- Pharm					
39.	Raghvendra Vayprakash Biradar	B. Pharm					
40.							
41.							
42.	Janhavi Talekar.	B pharm					
43.	Rutika chandode	Bpharm	Rutika	Rutika	Rutika	Rutika	
44.	Shreya Bagarao	BPharm					
45.	Aditya Yadav	BPharm +MBA	Ayadav	Ayadav	Ayadav	Ayadav	
46.	SIOK Dandgavhar	B pharm					
47.	Shraddha Kalkhor	B. Pharm					
48.	Amruta Malmulkar	B. Pharm					
49.	Vani Khanna	B. Pharm+MBA	Vani	Vani	Vani	Vani	
50.	Kajal Shankar Abadare	B. pharm + MBA					Kajal
51.	Anchal Rana	B. pharma					
52.	Ruchita Kamthe	B Pharm + MBA	R				RKamthe
53.							
54.							
55.							
56.							
57.							
58.							
59.							

School of Pharmacy and Research

Please revert on present & Sign

37.	Shailesh Sodgir	B. Pharm					
38.	Raghvendra Biradar	B. Pharm					
39.	Alok. P. Dandgavhan	B. pharm					
40.	Tanishq. S. Rathi	B. Pharm					
41.	Aditya. Y. Yadav	B. Pharm + MBA					
42.	Janhavi. B. Talekar	B. Pharm					
43.	Lulika Chandoke	B. Pharm + MBA					
44.	~~Madhura. B. Bhajbal~~	B Pharm					
45.	Trisha. A. Patil	~~B Pharm + MBA~~					
46.	Akhish Kumar	B Pharma					
47.	~~Shubham Naik~~	B. Pharm					
48.	~~Raghvendra Biradar~~						
49.	Akshat Patel	BPharm + MBA					
50.	Mustafa. M. Kanchwala	Bpharm + MBA					
51.							
52.							
53.							
54.							
55.							
56.							
57.							
58.							
59.							

School of Pharmacy and Technology Management

DPGU

Dnyaan Prasad Global University

Dr. D. Y. Patil Unitech Society

School of Pharmacy and Research

Date: 25/11/2025

NOTICE

All the First Year D. Pharm students are hereby informed that a session on **"Emotional Intelligence"** by **Mr. Swapnil Raghunath Koli (Mr. Raghvan Koli), Motivational Speaker, Fourshlag overseas services, Germany** is organized by the professional development committee on **Thursday, 27th November 2025 at 11.00am** in **Classroom no. 705**.

All the students are encouraged to attend the same.

for Bandhi

Dr. Sneha Chandani
(In charge - Professional Development Committee)

School of Pharmacy & Research
Pimpri
Pune-18

Dr. M. K. Shelar
(Dy. Director)

DPU

Dr. D. Y. Patil Dnyan Prasad University's

School of Pharmacy and Research

Pimpri, Pune - 411018.

(Formerly Dr. D. Y. Patil Institute of Pharmaceutical Sciences and Research, Pimpri, Pune, Maharashtra, India.)

No.: DYPDPU/Pharmacy/21/2025 Date : 27/11/2025

To,
Mr. Raghvan Koli
Brand Ambassador
Fourshlag Overseas Services, Germany

Subject: Letter of Appreciation

Dear Sir,

We extend our sincere gratitude for your valuable contribution as the speaker for the session on **"Emotional Intelligence"**, organized by the **Professional Development Committee** on **Thursday, 27th November 2025**.

Your session was highly informative, engaging, and thought-provoking. It greatly enhanced the students' understanding of the importance of emotional intelligence in both personal and academic settings. The session also inspired them to develop these essential life skills and apply them in their everyday lives.

We truly appreciate the time and effort you devoted to preparing and delivering such an insightful session.

Thanking You,

With warm regards

DYPDPU's School of Pharmacy & Research ★ Pimpri, Pune-18

Dr. Maruti K. Shelar
Dy. Director

Received

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DPGU

Dnyaan Prasad Global University

Dr. D. Y. Patil Unitech Society

School of Pharmacy and Research

Date: 02/12/2025

REPORT

Type of program	Guest Session
Resource person	**Mr. Swapnil Raghunath Koli (Mr. Raghavan Koli), Brand Ambassador, Fourshlag Overseas Services, Germany**
Topic	Emotional Intelligence
Date	27th November 2025
Brief report	The Professional Development Committee organized a session on Emotional Intelligence on **27th November 2025** for the students of **First Year D Pharm**. The session was led by **Mr. Swapnil Raghunath Koli (Mr. Raghavan Koli)**, Brand Ambassador, Fourshlag Overseas Services, Germany. Mr. Koli focused on understanding how a balanced mind contributes to personal growth and long-term success. He explained that mental intelligence includes self-awareness, emotional regulation, critical thinking, and the ability to handle challenges with calmness and clarity. The session highlighted that maintaining good mental health enhances concentration, decision-making, confidence, and overall productivity. Participants were guided through simple methods to strengthen their mental resilience, such as positive thinking habits, stress-management techniques, and developing a growth-oriented mindset. The session concluded with the message that nurturing one's mental well-being is essential not only for academic or professional success but also for leading a focused, stable, and fulfilling life. The session was very interactive and concluded by a vote of thanks.
No. of students benefitted	41
POs Mapped	B, C, E, F, H, K
SDG Mapped	3 (Good Health and Well-being), 4 (Quality Education), 17 (Partnerships for the Goals)

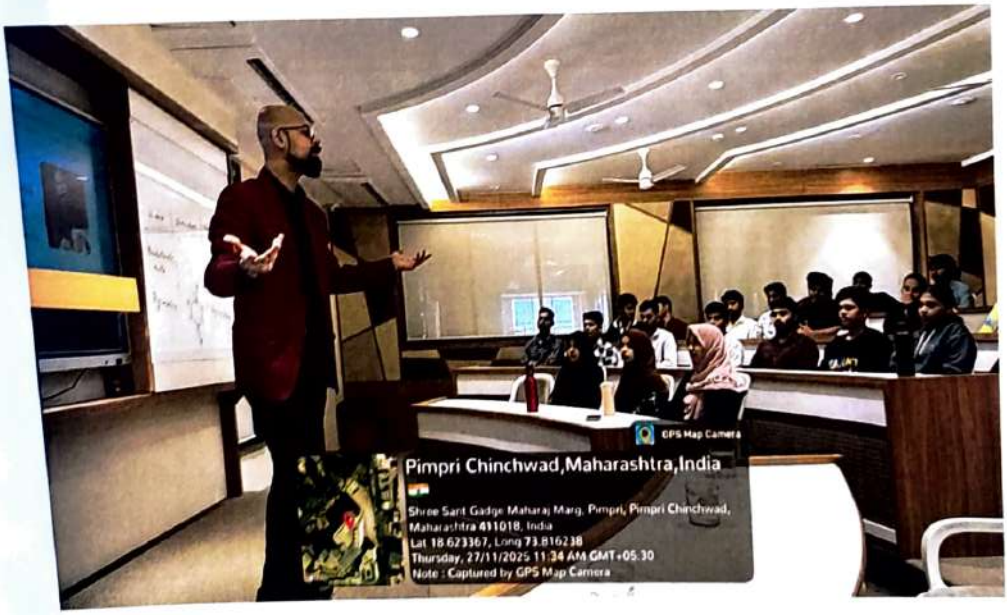
Dr. Sneha Chandani
(In charge - Professional Development Committee)

Dr. M. K. Shelar
(Dy. Director)

School of Pharmacy and Research DPGU Pune-184



Dr.Lata.P.Kothapalli felicitating Mr. Koli



Mr. Koli addressing students during his guest session.

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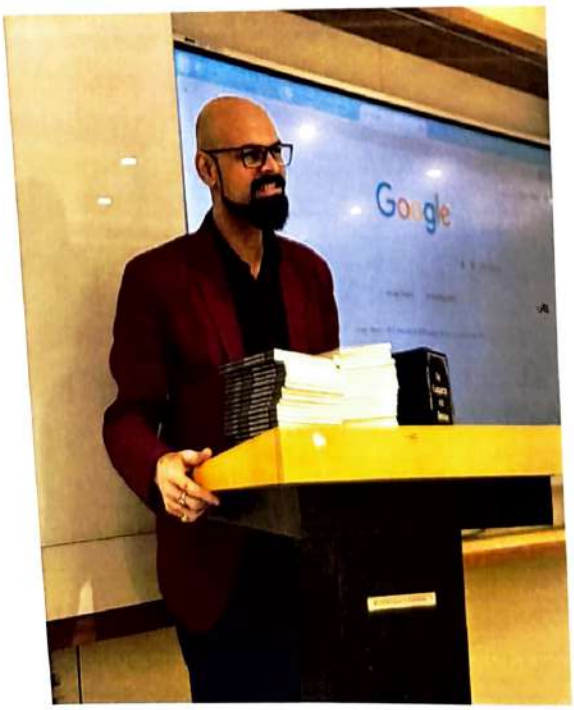

Dnyaan Prasad Global University

Dr. D. Y. Patil Unitech Society

School of Pharmacy and Research

Date: 27/11/2025

y: Guest Session
n By: Mr. Raghvan Koli, Motivational Speaker, Fourshlag overseas services,
any
11:00am Onwards.

Class: First Year D. Pharm.

Sr. No	Name of the student	Signature
1	Asiya Khan	
2	Noorsaba Usmani	
3	Arsiya mulla	
4	Tamboli Khairunnisa	
5	Mansi pal	
6.	Gabriel Shelar.	
7	Digvijay singh yadav	
8	Anup kumar	
9	Aditya Rajaput	
10	Rajan. Yadav	
11	Masoom Kumar	
12	Sarfaraz Ahmad	
13	Aftab shaikh	
14	Tabrej Shaikh	
15	Aniket Ghoderao	
16	Abutala shaikh	
17	Nilam Choudhary	
18	Warangi Choudhary	
19	Veera Ikatrela	
20	Kinjalkumari Choudhary	
21	Arjun V Choudhary	
22	Yash D Bankar	
23	Harsh T Mali	
24	OM GHOLAP	
25	Vedant Ghodeker	
26	Vaibhav Ganjwe	
27	Shreyash Mule	
28	Ramesh choudhary	
29	Guru Nanekar	
30	Praful tarde	
31	Nisha Choudhary	

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32	Harshada choudhary	Harshada
33	Siddhi S. Adhav	Siddhi..
34.	Rubi M. Jaiswal	Rubi.
35.	Pranjal S. Pote	Pranjal
36.	Samiksha Shelar	Samiksha Shelar
37.	Shruti dalki	Shruti
38.	Neha Pawar	Neha
39.	Riya Jagtap	Riya
40	Shalaka Kute	S.V. Kute
41	Dezy Fransis	Dfransis

for Sandhi

Dr. Sneha Chandani
(In charge - Professional Development Committee)

School of Pharmacy & Research
Pimpri
Pune-18

Dr. M. K. Shelar
(Dy. Director)

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Dnyaan Prasad Global University

Dr. D. Y. Patil Unitech Society

School of Pharmacy and Research

Date: 27/11/2025

Activity: Guest Session
Session By: Mr. Raghvan Koli, Motivational Speaker, Fourshlag overseas services, Germany
Time: 12:00pm Onwards.
Class: First Year Pharm D

Sr. No	Name of the student	Signature
1.	Tannu Singh	
2.	Siddhi Patil	
3.	Aashni Pawar	
4.	Gayatri M More	
5.	Shreya Singh	
6.	Jaita Sing	
7.	Ophilia Kharshiing	
8.	Tesna Agarwal	
9.	Jasmine John Thomas.	
10	Shreya kadam	
11.	Aditi kanse	
12	Sarthak Sawant	
13.	Yashit manghani	
14.	Moiz Sawant	
15.	Krishanag Dio Dogra	

for Sneha

Dr. Sneha Chandani
(In charge - Professional Development Committee)

School of Pharmacy & Research Pimpri Pune-18

Dr. M. K. Shelar
(Vice- Principal)

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Dnyaan Prasad Global University
Dr. D. Y. Patil Unitech Society
School of Pharmacy and Research

Date: 08/11/2025

REPORT

Type of program	Guest Session
Resource person	**Ms. Seema Mathew, Faculty, Symbiosis Center for Management Studies, Pune.**
Topic	**The 3 pillars of success - Effective communication, The right mindset and Creativity**
Date	08th Nov 2025
Brief report	The Professional Development Committee in collaboration with the Feedback & Mentoring Committee organized a session under the theme of the Three Pillars of Success — Effective Communication, Right Mindset, and Creativity on **8th November 2025**. The session was led by **Ms. Seema Mathew**, Faculty, Symbiosis Center for Management Studies, Pune. Ms. Mathew commenced the session by introducing the three pillars and highlighting their significance in achieving both personal and professional growth. The session was built around three interactive activities designed to develop crucial personal and professional skills. The first activity focused on internal development, emphasizing the power of imagination and cultivating a positive mindset as key drivers for achieving personal goals. The second activity fostered essential professional competencies by encouraging participants to collaborate, showcasing their abilities in Effective Communication, Leadership, and Teamwork. Finally, the third activity centered on Creativity and Originality, providing a hands-on challenge where participants were required to construct innovative items using only newspapers. Overall, the session concluded with the announcement of winners from all the activities and an expression of gratitude through the vote of thanks.
No. of students benefitted	70
POs Mapped	B, E, F, H, K
SDG Mapped	4 (Quality Education), 8 (Descent work and economic growth), 17 (Partnerships for the goals)

Dr. Sneha Chandani
(In charge - Professional Development Committee)

Dr.Lata.P.Kothapalli
Head, Feedback Mentoring Committee

Dr. M. K. Shelar
(Vice- Principal)

DYPDPU School of Pharmacy & Research Pimpri, Pune-18



Ms. Mathew facilitating a key activity within the session



Dr. Sejal Gandhi felicitating Ms. Seema Mathew

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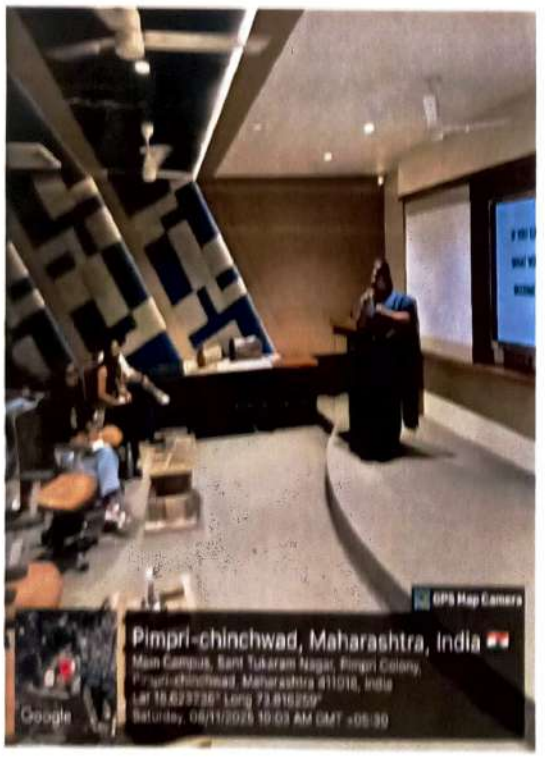



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School of Pharmacy and Research

Attendance Sheet **Date: 08/11/2025**

Mentoring session for students on The 3 pillars of success- Effective communication, The right mindset and Creativity.

Sr. No	Name of the student	Course	Signature
1.	Aishwarya Patil	B-pharma	Apatil
2.	Akshata Potekar	B.pharm	Akshata.kp
3.	Siddhi Bhosale	B.pharm	Siddhi
4.	Rebecka Francis	B.Pharm	Rebecka
5.	Vidushi Goel	B. Pharm	Vidushi
6.	Tahmina Yasmin Choudhury	B.Pharm	
7.	Shraddha Mukesh Kalbhar	B. Pharm	
8.	Sidhi Mhaske	B. Pharm	
9.	Aditi Shrivastava	B.Pharm	Aditi
10.	Aditi Waghachavre	B.Pharm	
11.	Malvika. P. Pise	B. Pharm	Malvika
12.	Vibhor Samandal	B.pharm + MBA	
13.	Aryan Jaiswal	B.Pharm + MBA	
14.	Sandesh Mehkare	B.Pharm + MBA	Sandesh
15.	Hardik Hindocha	B.pharm + MBA	
16.	Kajal Abadare	B.pharm + MBA	Kajal
17.	Sakshi Jadhav	B.pharm + MBA	Sadhav
18.	Aditya Yadav	B.pharm + MBA	
19.	Sachi Joshi	B.pharm + MBA	Sachi
20.	Swamini Pawar	B.pharm + MBA	
21.	Yashodhra Jagdale	B.pharm + MBA	
22.	Ananya Jadhav	B.pharm + MBA	Jadhav
23.	Rutika Chandode	B.Pharm	Rutika
24.	Shreya Bagarao	B.Pharm	
25.	TOYASH	B.Pharm + MBA	
26.	Tapesh Thadke	B. Pharm	
27.	Pratyush Kumar Ranasingh	B.pharm	
28.	Hardik Shukla	B pharm	
29.	SHOK Paliwal	B. Pharm	
30.	Ishan Singh	B. Pharm	
31.	Anchal Rana	B.pharm	
32.	Aakati Prajapati	B.pharm	
33.	Ashish Kumar	B.pharm	

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34.	Shivam Jadhav	B- Pharm	
35.	Amey Bhandari	B- Pharm	
36.	Tanisha Rathi	B -pharm	
37.	Anand Nath	B- Pharm	Anand
38.	Yash Vaishney	B-Pharm + mba	Yash
39.	Sagar Katale	B·pharm	
40.	Shailesh sadgir	B·pharm	Shailesh
41.	Raghvendra Birader	B·pharm	
42.	Shubham Maske	B·pharm	
43.	Gunjan Tambe	B·Pharm	Tambe
44.	Aastha kadam	B·pharm	Aastha
45.	Shreya Landge	B·pharm	Landge
46.	Shrushti	B. Pharm	
47.	Rituraj Dalvi	B. Pharm	Rituraj
48.	AIOR	B· pharm	FAIOR
49.	Parth. Sachin. Badhan	B- Pharm	
50.	Saisreekar Sunkapaka	B·pharm.	
51.	Piyush Tiwari	B· Pharm	PiyushTiwari
52.	Falguni Soni	B.Pharm + MBA	FLSoni
53.	Shreya Hasarmani	BPharm+MBA	
54.	Ojasvi Nishad	B Pharm	Ojasvi
55.	Ifsa Naina	B· pharma	
56.	Shagun singh	B. pharma	Shagun
57.	Dhyan patel	B. pharma	Dhyan
58.	Sunny J. Dhawale.	B- Pharma	Dhawale
59.	Gauri Pachpinde	B. Pharma	Gauri
60.	Madhura Bhujbal	B· Pharm	Bhujbal
61.	Pradnya Deshpande	B Pharm	PPD
62.	Thalat Patel	B Pharm	
63.	Arleen Alexander	B Pharm	
64.	Ruchita Kamthe	B Pharm MBA	Kamthe
65.	Trisha Palit	B. Pharm MBA	
66.	Roshni Gupta	B Pharm MBA	Roshni
67.	Abhishek karmakar	B. Pharm	
68.	Sonu Bergal	B. Pharm	Bergal
69.	Priydarshi Tiwari	B Pharm + MBA	
70.	Vani Khanna	B Pharm + MBA	Vani
71.			
72.			

Dnyaan Prasad Global University
Dr. D. Y. Patil Unitech Society
School of Pharmacy and Research

Circular

All the students of F.Y.B. Pharm are hereby informed that a Buddy Session under the Feedback and Mentoring System will be conducted on **20th April 2026**.

The session will be conducted by **Mr. Junaid Sayyad, student of Final Year B. Pharm and GPAT & GATE qualified student**, who will share his academic journey, preparation strategies and useful tricks to qualify competitive examinations such as GPAT and GATE. The session aims to motivate and guide students for early preparation and career planning in the pharmacy profession.

All students are instructed to attend the session actively and make the best use of this valuable peer-learning opportunity.

Ms. Shubhangi Ravindra Shelar
(Class teacher)

Dr.Lata Kothapalli
(Head, Feedback and mentoring)

REPORT

A Buddy Session was organized under the *Feedback and Mentoring System* on 20th April 2026 for the students of F.Y.B. Pharm and F.Y.B. Pharm + MBA. The session was conducted by **Mr. Junaid Sayyad, student of Final Year B. Pharm and GPAT & GATE qualified student**, who shared his inspiring academic journey and preparation strategies for competitive examinations.

The objective of the session was to guide and motivate junior students towards academic excellence and early preparation for higher studies and competitive exams. During the session, Mr. Junaid explained effective study techniques, time management strategies, subject-wise preparation methods, and important tips to crack examinations like GPAT and GATE successfully.

He also shared his personal experiences, challenges faced during preparation and methods to maintain consistency and focus throughout the academic journey. The session encouraged students to develop long-term career goals and inspired them to prepare systematically from the first year itself.

Students actively participated in the interactive session and clarified their doubts regarding competitive exam preparation, career opportunities, and study planning. The session created a positive learning atmosphere and motivated students to enhance their academic performance and professional development.

Overall, the buddy session was successfully conducted and proved highly beneficial for students by promoting peer mentoring, motivation, and career-oriented guidance.

Mapped Sustainable Development Goal (SDG):

- **SDG 4 – Quality Education:** Promoting quality education, lifelong learning, and academic guidance through peer mentoring initiatives.

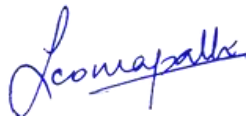
Mapped Programme Outcomes (POs):

- **PO1:** Pharmacy Knowledge
- **PO2:** Planning Abilities
- **PO9:** Communication
- **PO10:** Leadership Skills
- **PO12:** Lifelong Learning



Ms. Shubhangi Ravindra Shelar

(Class teacher)



Dr.Lata Kothapalli

(Head, Feedback and mentoring)

Photos





Dnyaan Prasad Global University
Dr. D. Y. Patil Unitech Society
School of Pharmacy and Research

Circular

All the students of F.Y.B. Pharm and F.Y.B. Pharm + MBA are hereby informed that a **Buddy Session** under the **Feedback and Mentoring System** will be conducted on **09/03/2026**.

The session will be conducted by **Ms. Shraddha Chaudhari, student of S.Y.B. Pharm**, on various first-year pharmacy subjects and effective study techniques. The session will also focus on guidance regarding participation in extracurricular and co-curricular activities, time management, academic planning, and overall student development as per her area of expertise and experience.

All students are instructed to attend the session actively and make the best use of this peer-learning opportunity.

Ms. Shubhangi Ravindra Shelar
(Class teacher)

Dr.Lata Kothapalli
(Head, Feedback and mentoring)

REPORT

A Buddy Session was organized under the *Feedback and Mentoring Committee* to promote peer learning, academic guidance and student interaction among first-year students. The session was conducted by Ms. Shraddha, a student of S.Y.B. Pharm, who shared her valuable experiences and guidance regarding academics, study techniques, and overall student development.

During the session, Ms. Shraddha Chaudhari provided detailed insights into various first-year pharmacy subjects and explained effective methods to study difficult topics in a simplified and organized manner. She guided students on time management, note preparation, revision strategies, and examination preparation techniques that can help improve academic performance.

In addition to academics, she also motivated students to actively participate in extracurricular and co-curricular activities for their overall personality development and confidence building. The session emphasized the importance of balancing academics with skill development, communication, teamwork, and participation in institute activities.

Students actively participated in the interactive session and clarified their doubts regarding subject understanding, study patterns, and campus activities. The session created a positive and supportive learning environment where junior students felt encouraged and motivated by the guidance of their senior peer.

The buddy session proved highly beneficial in strengthening the mentoring system and fostering peer-assisted learning. It also helped in developing leadership qualities, communication skills, and collaborative learning practices among students.

Overall, the session was successfully conducted and received an encouraging response from the students for its practical guidance and student-friendly approach.

Mapped Sustainable Development Goal (SDG):

- **SDG 4 – Quality Education:** Promoting inclusive and quality education through peer learning and mentoring initiatives.

Mapped Programme Outcomes (POs):

- **PO1:** Pharmacy Knowledge
- **PO9:** Communication
- **PO10:** Leadership Skills
- **PO12:** Lifelong Learning

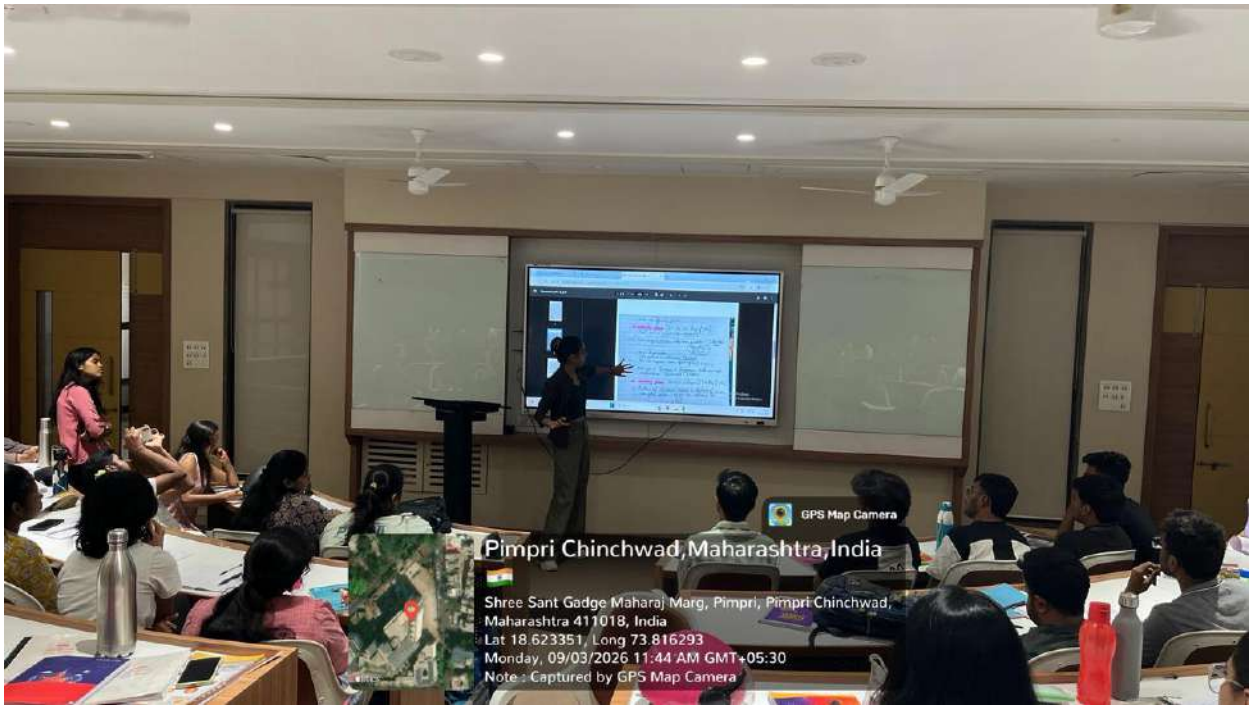
Ms. Shubhangi Ravindra Shelar

(Class teacher)

Dr.Lata Kothapalli

(Head, Feedback and mentoring)

Photos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GPS Map Camera
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